

The image features a white background with a dark blue border. Four overlapping circles in various shades of blue are scattered across the page. The text 'Professional Development Training Catalog' is centered in a dark blue, handwritten-style font. The word 'Professional' is on the first line, 'Development' is on the second line, and 'Training Catalog' is on the third line. A grey shadow is cast behind the text.

Professional Development
Training Catalog

The following is a preliminary list of training topics with brief descriptions. Please keep in mind that all training, whether it is for professionals, parents, or young people, is tailored to meet the specific needs of the target audience. Each training session is customized based on an initial assessment of needs and interests and further adapted as the training is conducted based on the reactions of the audience.

Commitment to Young People

The Institute is committed to strive for sensitivity to the experiences and needs of young people, bringing their perspective directly into the focus of parents, professionals and policy-makers. In fostering a youth development model among adults, the Institute will collaborate with stakeholders to shape a vision for youth that appreciates all that is great about young people.

Overall Strategy & Technique

The Institute's strategy is designed to be comprehensive, action oriented, research based, results driven, and securely rooted in partnerships. Offering a vast array of service activities, it is important to remember that everything the Institute provides relates back to our mission of encouraging all adults to approach young people with a mindset of acceptance and understanding and the goal of supporting their development into positive, productive, contributing members of the community.

In order to assure that services we provide are appropriate and relevant to the needs of our clients, we place great priority on ensuring that our services are age-appropriate, culturally and socially sensitive. We do our best to tailor services to accommodate the needs, cultures, and conditions of the target community, taking into consideration cultural and language barriers, readability, and medical/health literacy. If at all possible, we utilize members of the local community to ensure that there is a particular focus on norms, values, cultural beliefs, and language in service provision. By maintaining a state of adaptability, we are able to fulfill our commitment to diversity, flexibility, and social justice.

Training Style

The Institute is known for being extremely responsive to the community; tailored training to fit your individual needs, addressing topics of special concern to the target population and routinely using prior training feedback to achieve consistent quality improvement. We take responsibility for designing, planning and managing training logistics, implementing & facilitating training and conducting training program evaluations. The Institute is best known for its training-of-trainers, professional development in-service, as well as materials and curriculum design, development, tailoring and review. Utilizing a dynamic team training approach, the Institute provides training that is uniquely entertaining and educational offering thought provoking activities, creative use of interactive activities and media, and provides a multitude of handouts.

Adolescent Health & Development Promoting Resiliency & Positive Youth Development

Assets Building & Youth Development

Everyone is talking about youth development these days.... After a while it starts to sound like it is just words. This session will take a look at SEARCH Institute's Asset framework and participants will experience this simple, accessible, easy-to-use idea. Once the basics are mastered, participants will be challenged to review what programs are currently doing, and how to incorporate asset development into their programs. Finally, groups will experience hands-on, interactive activities that can be used with youth in their own programs. You'll become an asset-builder before you know it.

Sexuality Education ~ in the Latino Community

Designed by professionals working with primarily Hispanic/Latino populations, this training is designed to examine perspectives of sexual health among Latinos, experience a variety of strategies for educating about abstinence and safer sex, and identify appropriate lessons for their specific audiences.

Stages of Adolescent Development ~ This Just Can't Be Normal!

Something magical happens when children reach late childhood and pre-adolescence ~ right around 10 or 11 years old, our children become strangers. Just about every parent, and some professionals, are flabbergasted by the enormous change that seems to happen overnight. Surprisingly enough, these changes are a normal part of adolescent development. In fact, the behaviors that drive you the most insane, are the same behaviors that are vital to your child's development into responsible, productive, self-sustaining adults. This training session will be very reassuring for you – you are not alone. There are things you can do to assure that your child is achieving the developmental milestones he/she is striving for and at the same time, make your life easier.

Youth Resiliency ~ Tips, Techniques & Training

You've heard of youth development and building resiliency – but not like this! Participants will learn a technique for interacting with young people that naturally builds resiliency in them. This training session will begin with an overview of youth development theory and research and then really delve into how adults can impact young people. You will walk away with skills you can realistically use and remind you why you do what you do.

Youth Engagement ~ Partnering with Teens to Promote Community Change

Working WITH youth can be tough. Recruiting them, getting them focused, keeping them motivated ~ each step of the way is a challenge but the result of true youth involvement is amazing. Programs that have mastered youth involvement result in dynamic programs that thrive. Let us share with you a vision of youth involvement at its best and the steps you can take to get youth involved in your program.

Male Involvement & Responsibility Leadership Training

Using the Wise Guys ~ Male Responsibility Curriculum; participants are guided through a series of workshop designed to prevent adolescent pregnancy by reaching adolescent males. The program acknowledges young males as "whole" individuals with a variety of needs and desires. Participatory lessons and activities focus on assisting them to ask themselves the questions: Who am I? Where am I going? and How do I get there? For males only, ages 10 – 18 old

Capacity Building for Community & Faith-Based Organizations

“Adults And Children Talking (AACT)?” Train-the-Trainer Training

Encouraging parent-child communication about sexuality remains an important goal of the teen-pregnancy prevention programs in Maryland. Beginning with what the research shows, a case will be made for including parent-child communication as a primary program outcome. Building on Maryland efforts, this curriculum will add to the tools at your disposal for educating and equipping parents. This train-the-trainer training will provide participants with the skills necessary to design and implement an Adults And Children Talking event in their community.

Advanced Grant Writing ~ For the Passionate & Determined

Would you like to participate in a mock grant proposal process? A follow-up to the first grant writing training, this will be a unique training experience. Beginning with the release of a practice application guidance, through the submission of a practice proposal from each participant, and concluding with a mock grant review panel, this experience will provide participants with an inside look at the entire process. Finally, participants can expect to receive a thorough review of their mock grant proposals, complete with an uncensored critique of the grant proposal submitted that can then be used to improve future grant applications.

Can We Talk?

This training will also advance the current dialogue around risky adolescent behavior to promote healthy parent/child communication. This training will help equip parents with the information and skills necessary to become the primary sexuality educators of their children. Participants will learn age-appropriate information for young people utilizing various forms of media to get the message across in the most current and effective ways. Improving communication between youth and loving, caring adults will improve the bond that is valuable to adolescent development. Training participants will discuss issues of sexuality and develop skills necessary to become the primary sexuality educators of their children.

Intensive Grant Writing Seminars

This intensive grant writing seminar will provide opportunities for participants to gain information and skills for writing successful grants and forming partnerships with government agencies. Interactive discussion will provide an understanding of the practical implications of separation of church and state. This training includes hands-on exercises designed to allow

participants to practice and further develop grant writing skills. Faith-based organizations that have experienced success in receiving government grants will share their experience. Grantors at the local, State and Federal level will discuss “do’s and don’ts” and answer all your grant writing and funding questions. Note: This training is intended to provide novice grant writers with skills and knowledge to write quality, fundable grants. This training may be very basic for experienced grant writers.

Meeting the Needs of Sexual Minority Youth

The focus of this training is identifying and addressing issues facing sexual minority youth and how adults can best support them in making positive decisions. The training will also discuss current trends – today’s urban myths, exaggerations, and realities. Additional topics will include how to make schools and organizations safe for lesbian, gay, bisexual, transgender, and questioning youth, how to create sensitivity to gay, lesbian, bisexual, and transgender youth and families, how to reduce the isolation and fear these youth and families experience, and utilizing multicultural perspectives that respect all people.

Program Planning and Evaluation

This training is designed to provide a picture of the total process of program planning through the final evaluation. Participants will learn how to design programs with measuring program outcomes in mind AND how to design quality program research while keeping program goals and objectives in mind.

Quality Sexuality & Life Skills Education for Teachers, Faith & Community Leaders, & Parents

Abstinence Education in a Positive Way

Are you sick of telling teens what NOT to do? Have you had it with scare tactics and gross pictures? Then this workshop is for you! You will learn creative teaching techniques, interactive activities, and age appropriate information (especially for younger kids) and lots of new ideas.

Abstinence Education ~ Professional Development

The training session offered participants the opportunity to learn updated techniques of teaching abstinence, age-appropriate topics and discussions, and expert advice and information on topics which included male and female reproductive health, STDs and HIV, dating violence and sexual assault, and relationships and communication.

Addressing the Sexual-Violent Culture of Teens

Have you noticed how the teen culture has become more sexually and violently charged? Ever want to know how to truly make a difference with the pre-teens and teens you work with? This session will give you the information, skills, and resources you need to address this problem. Topics that will be offered include the dynamics of sexual violence among teens,

appropriate versus inappropriate behavior, affecting school-wide culture change, avoiding accusations, addressing parents, and up-to-date referrals and resource information.

Bridging the Gap ~ Male-Female Communication

Men and women are different; the way they learn, the way they cope and the way they communicate. This can make male-female relationships especially difficult. This training will focus on the differences and similarities, how to improve communication, and how to teach young people to develop positive relationships.

Creative Teaching Techniques – Games That Teach

Running out of ideas for livening up those prevention presentations? Wanting to build up your repertoire of activities to get your point across? Having trouble keeping their attention? This training will offer you different techniques for teaching sexuality and abstinence. Young people need to be entertained for them to be truly engaged and therefore learn and remember! Attend this training and learn to get your point across and make a lasting impression.

That Perfect Age: Sex Education for Younger Children

Everyone says it's never too early to start talking to kids about sex – but is that really true? And if so, then what is truly appropriate? This session is designed to equip those who teach elementary and middle school children to address those Family Life issues in age-appropriate ways. With the issues that are facing our young kids getting more and more challenging and scary – this is a “don't miss” session for anyone who works with young kids.

Unequal Partners ~ Adults Dating Teens: What's a Professional (or Parent) to do?

Much ado has been made about the “older predatory male” fathering babies with young girls. While the problem is not epidemic – it is still a problem – especially if YOU are the parent of a young teen wanting to date a significantly older partner. It can also be a challenge to you, as a professional, if your client is involved with an older partner. Hey Baby!?! Explores the issue, its causes, its prevalence, and intervention strategies. Whether you are a professional dealing with adults dating teens, or a parent, you'll get some practical help!

The Forgotten Population: Incarcerated Adults and Youth

Adults Prisoners as Parents

The Institute will challenge these parents to build positive relationships with their children, to assess the goals and hopes they have for their children, and to consider how they might re-think their direct interactions with their children to assure that they are achieving their goals. Utilizing proven adult-child communication materials, information will be provided and skills taught to equip these parents to fulfill their potential as positive, caring adults in their children's lives. The parents will receive encouragement regarding the impact of their limited, yet valuable time with their children, as well as real-life, hands-on skills that they can utilize to bring out the best in their children and themselves. Every parent wants better for their children, than they have for themselves – these sessions will be tailored to the audience to assure participants are achieving this supreme goal.

Prison Professionals Working with Adolescent Offenders

Adults who work with young people in these intense high-risk situations must find a sensitive balance between firm, unyielding authority and kind, supportive guidance – this is not an easy balance to reach. It is easy to allow the stress, anger, and violence to overtake the desire to guide. The primary goal of these educational sessions with prison professionals will be to provide a foundation of developmentally-appropriate expectations for young people, whereby prison professionals can appropriately assess young people's behavior. We will challenge these professionals to "check themselves" and the preconceptions and attitudes they bring into their interactions with youth prisoners. At the same time, skills will be provided for direct-interactions with these high-risk young people to de-escalate violent situations and promote positive interactions that more closely mirror the guidance these young people truly need to succeed as positive adults later in life.

Working with Incarcerated Youth

Utilizing a positive youth development framework, the Institute will provide skills-based information for these young people. The goal is to establish a foundation of social skills such as coping skills, anger management, de-escalation, goal setting and decision making skills, communication skills, within the real-life, real-time situations they are faced with every day and if and when they are released. Through interactive discussion, role-play, and creative media usage, educators from the Institute will build on the resilience of youth to yield a more positive outlook and increase positive behavior choices.

Call today at (301) 776-3744 if you would like to schedule training or speak with one of our facilitators.



Institute for Interactive Instruction
Planting seeds of knowledge one child, one family, & one community at a time

Institute for Interactive Instruction, Inc.

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PROFESSIONAL DEVELOPMENT - REQUEST FORM

TO: Institute for Interactive Instruction

FROM: _____

FAX: (301) 362-4551

DATE: _____

PHONE: (301) 776-4294

PAGE(S): _____

Name: _____

Organization: _____

Title: _____

Phone Number: _____

E-mail: _____

1. Select training topic:

- | | |
|--|--|
| <input type="checkbox"/> Assets Building & Youth Development | <input type="checkbox"/> Adults And Children Talking |
| <input type="checkbox"/> Sexuality Education | <input type="checkbox"/> Advanced Grant Writing |
| <input type="checkbox"/> Stages of Adolescents | <input type="checkbox"/> Can We Talk? |
| <input type="checkbox"/> Youth Resiliency | <input type="checkbox"/> Intensive Grant Writing |
| <input type="checkbox"/> Youth Engagement | <input type="checkbox"/> Sexual Minority Youth |
| <input type="checkbox"/> Male Involvement & Responsibility | <input type="checkbox"/> Program Planning & Development |
| <input type="checkbox"/> Abstinence Education | <input type="checkbox"/> Sexual Violent Culture of Teens |
| <input type="checkbox"/> Bridging the Gap | <input type="checkbox"/> Creative Teaching Techniques |
| <input type="checkbox"/> Sexual Education for Younger Children | <input type="checkbox"/> Unequal Partners |
| <input type="checkbox"/> Adult Prisoners as Parents | <input type="checkbox"/> Prison Professionals |
| <input type="checkbox"/> Working with Incarcerated Youth | |

2. Desired competency skills to be acquired through this training:

3. Would the requested training be for you or your department? _____

4. If this training is intended for your department, what is the approximate number of participants? _____

5. What is the best time and day for this group to attend training? _____

6. When would you like to begin this training? _____

7. Additional comments:

**On receipt of the training request, a training manager will contact the sender within 10 business days.
All training requests will be considered.**